

Private Practice Practitioners specializing in Postpartum Mental Health

The providers listed below are Fee for Service. Please inquire with your workplace benefit program around the possibility of coverage, designation required for reimbursement, and amount allocated for counselling benefit. You may wish to consult with the providers below ahead of booking an appointment to assess 'fit' to preserve your benefit amount allocated for service.

Kasi Shanmukanathan MSW, RSW

Kasi_shan@outlook.com

www.kasishantherapy.com

226-241-0440

Lisa Aldworth

lisaaldworthcounselling@gmail.com

<https://www.lisaaldworthcounselling.com/>

519 342 3551

Shannon Golletz

<https://www.lifeaftermiscarriage.ca/>

519-781-7207

Jessica Barnes

<https://jessicabarnes.ca/>

Rebecca Johnston (Firefly Counselling)

<https://fireflycounselling.com/>

519 503 4143

Psychologytoday.com

<https://www.psychologytoday.com/ca/therapists/pregnancy-prenatal-postpartum/on/waterloo>